



JOINING INFORMATION ISLWYN GYMNASTICS CLUB

We are very please that you have considered to join our family orientated gymnastics club, we would be absolutely delighted to have you!

This leaflet is design to give you the information you need to start in Islwyn Gymnastics Club. Children attending the recreational classes will be using the apparatus in the gym under the guidance of our friendly, trained and professional coaching team. If they excel they may even be considered for our development and performance squad which are invitation only. Before your child can start there are a few things we would like to inform you of.

- You will be required to register your child on our website www.islwyngc.co.uk contact the club directly to obtain the password. Your child will not be allowed to participate if this is not filled in as it's the emergency contact details.
- After two sessions you **MUST** register with British Gymnastics to ensure your child is insured to participate in gymnastics. The cost is £17 which is Club Bronze membership. This is a compulsory fee set by British Gymnastics.
- To secure your child's place in the club the course fees must be paid upfront, we operate a first come first served basis. Without payment your child will not be placed on our registers. If after the first session you or your child are not happy with Islwyn GC, you are entitled to a refund minus the first-class fees. After the first session the fees are non-refundable.
- Your child must be out of nappies and be able to use the toilet to attend. You may choose to stay whilst your child is in their session but note we do not allow parents/guardians to watch the gymnasts whilst they train. If you want to leave whilst your gymnast is training that is ok providing they can use the toilet by themselves.
- We will **NOT** tolerate unacceptable behavior from members, Parents/Guardians or coaches. Any inappropriate behavior will lead to exclusion from the club. **Islwyn GC has a zero tolerance to bullying.**
- Participants must always wear suitable clothing, preferably a leotard if your child does not have a leotard then leggings/shorts a vest and t-shirt is the minimum required.

No Jewelry is to be worn

Hair must always be tied back

If your child has a verruca, please ensure they wear a medical sock

They must have a drink with them

For safety purposes please accompany your child to the gym and collect them promptly at the end of the session

ISLWYN GYMNASTICS CLUB

Blackwood Comprehensive School

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www.islwyngc.co.uk